

Rhinoplasty

Concerns about the shape or appearance of the nose are very common. A rhinoplasty, commonly called a 'nose job' is a procedure to change the structure of your nose, most often to make it smaller or change the shape. The Consultant will work with you to establish your needs, whether mostly cosmetic or to improve existing health problems, and provide you with an idea of the end results to help you make the best decision for you.

Expert advice around rhinoplasty procedures from specialist teams

If you're considering a cosmetic or plastic surgery, the first step is to book a consultation with one of our specialists. You can choose to have this appointment at KIMS Hospital or Sevenoaks Medical Centre. Your Consultant will need to carry out an examination of your nose and discuss your medical history to determine whether there are any health concerns or symptoms involved and will be able to advise you on what to expect in terms of results and recovery time.

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Prices & payment

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Rhinoplasty
from £6,970

The above are guide prices only.

Our [terms and conditions can be found here](#).

Consultants



Miss Pei-Pei Cheang

Available at
KIMS Hospital

[View profile](#)



Mr Oliver Harley

KIMS Hospital+1 location

[View profile](#)



Mr Asit Khandwala

Available at
KIMS Hospital

[View profile](#)

FAQs

Where will my nose surgery take place?

Regardless of where you had your initial consultation, all surgical procedures take place at KIMS Hospital in Maidstone. Most outpatient appointments, including follow up appointments with your Consultant, can take place at either KIMS Hospital or Sevenoaks Medical Centre.

What does rhinoplasty surgery involve?

A rhinoplasty procedure is carried out under general anaesthetic and takes 90 minutes to three hours to complete.

There are two approaches to rhinoplasty; open and closed.

With a closed rhinoplasty, your Consultant will make cuts on the inside of your nose and dissolvable stitches will be used.

Open rhinoplasty is often used if the shape of the tip of your nose needs changing. Your Consultant will cut down the centre of the nose to take away cartilage or move it and may also need to break the small bones at the side of the nose and reset them to ensure a good shape once healed. Sometimes an implant or graft is needed to add structure and your Consultant may pack the inside of the nose to stop bleeding or apply a temporary splint to the outside to give extra support.

How long is the recovery from a rhinoplasty?

After the procedure, you will be taken back to your room to rest.

You should be able to return home on the same day as your procedure. For closed rhinoplasty your pack will be removed a few hours after your procedure, before you go home. This might cause a little bleeding, but this is normal.

For open rhinoplasty the dressings will remain on your nose for a few days before they are removed at a follow up appointment.

You should not drive or operate machinery for 24 hours after your operation and make sure you follow the instructions of your medical team. You will need to stay off work for two weeks and should avoid blowing your nose for the first week after the operation. It can take around six months for the nose to fully settle into its final shape.